

## [CHEAP HEALTHY CHICKEN RECIPES](#)



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This classic chicken recipe for crispy chicken breasts filled with ham and melty cheese is baked, instead of fried, for a lightened-up, delicious dinner. Chimichurri Chicken Chimichurri is a no-cook herby-garlicky sauce from Argentina and Uruguay.

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One of our most healthy chicken recipes, with only 170 calories. This fresh and zesty chicken piccata is quick and easy to make, low-calorie, easy to freeze and also paleo diet-friendly. Serve with a green salad and cauliflower rice for a super healthy dinner or lunch option.

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Think I will add broccoli to this and cook more than one cup of rice for this dish. Creamy and Cheesy Chicken and Rice: brown rice, cooked chicken, and lots of cheese all swimming in a decadent, yet healthy cream sauce.

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### **50 Healthy Chicken Breast Recipes Cooking Light**

Americans love chicken and healthy chicken recipes. The lean protein is quick cooking, reliable, and affordable. Chicken breasts in particular are a must for busy families. Chicken breasts are versatile, and they're easy to incorporate into a variety of family favorites, from stir-fries to fajitas. Here, we've pulled together nearly 50 ways you can bring new life to chicken.

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